



# CELEBRATE NATIONAL AMERICAN INDIAN HERITAGE MONTH IN NOVEMBER

## **American Indian Heritage Month**

The month is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people.

## **How To Celebrate Native American Heritage Month**

- Ways to celebrate Native American Heritage Month include:
- Learn the real history of Native Americans / Indigenous Peoples in America
- Discuss the truth about the real first Thanksgiving with kids
- Read about contemporary Native Americans / American Indians today (and not just historical indigenous people)
- Help kids understand that there were and are many different Native tribes and cultures
- Watch videos on traditional Native storytelling
- Learn about (and even try!) authentic Native food and recipes
- Make respectful native crafts (Native Headdress are not respectful)
- Attend or host a Native educational event
- Seek out American Indians in children's literature
- Read Native American authors
- Support local or online Native-owned business

## **Resources**

- <https://www.pbs.org/specials/native-american-heritage-month/>
- <https://nativeamericanheritagemonth.gov/for-teachers/>